

Dear family and friends,

The school on Lopez Island has a nationally recognized garden program called Lopez Island Farm Education (L.I.F.E.). Students participate in garden class and help grow vegetables in the garden that many eat in the school lunches or snack. Students develop an appreciation of nature, an understanding of the importance of good nutrition, how to contribute to our community and how to take care of the environment. What most people don't realize is that **more than 50% of the LIFE Program budget is not covered by the school and is dependent on donations.**

Lopez School is planning a fitness and ecology fundraising event that encourages on-going exercise (walking or biking) and concludes with a celebration on **April 23rd**, the same day as the Tour de Lopez. The funds we raise will help ensure the continuation of our farm and garden program and we are asking for your help.

I am participating in the first annual Bike for LIFE event. I am pledging to ride or walk _____ miles in support of LIFE. Will you please sponsor me? You can donate online at bikeforlifelopez.com under the **Donate** tab using PayPal, or write a check made payable to **Bike for LIFE Lopez.**

Mail directly to:

Bike for LIFE Lopez
P.O. Box 490
Lopez Island, WA 98261

✓ Please indicate that you're sponsoring me on the donation form!

Thank you for your help to keep our students healthy, contributing members of our community.

Bike for LIFE Lopez is a non-profit organization. Your contribution is tax-deductible as provided by law. For more information, please visit bikeforlifelopez.com